

IPHM Hijama Cupping Training Provider Accreditation Policy

1. Introduction

This policy outlines the requirements and standards for IPHM training providers seeking accreditation to offer Hijama (cupping) courses in the United Kingdom. The policy covers all types of cupping: wet cupping, dry cupping, and fire cupping. It aims to ensure high-quality, safe, and ethical training in Hijama practices while adhering to UK regulations and best practices.

2. Eligibility Criteria

To be eligible for accreditation, training providers must:

- Be registered as a legal entity in the UK
- Have at least one lead instructor with a minimum of 12 months of practical experience in all types of Hijama (wet, dry, and fire cupping)
- Comply with all relevant UK health and safety regulations
- Maintain appropriate insurance coverage (if applicable)

3. Curriculum Requirements

Accredited training programs must cover the following core areas for all types of cupping:

- History and principles of Hijama (wet, dry, and fire cupping)
- Anatomy and physiology relevant to all cupping practices
- Health and safety protocols, including infection control specific to each cupping type
- Practical techniques and procedures for wet, dry, and fire cupping
- Contraindications and potential complications for each cupping method
- Ethical considerations and professional conduct
- Legal and regulatory aspects of Hijama practice in the UK

4. Age-Appropriate Standards

Training providers must adhere to the following age-appropriate standards:

4.1 Minimum Age Requirements

- Theoretical courses: Minimum age of 16
- Practical training (dry cupping): Minimum age of 18

- Practical training (wet and fire cupping): Minimum age of 21

4.2 Age-Specific Content

- 16-17 years: Focus on theoretical knowledge, observation, and non-invasive techniques
- 18-20 years: Full practical training in dry cupping, theoretical knowledge of wet and fire cupping
- 21+ years: Full practical training in all cupping types (wet, dry, and fire)

4.3 Supervision Requirements

- Students under 18: Constant supervision by a qualified instructor
- Students 18+: Appropriate supervision based on skill level, experience, and cupping type

5. Course Duration and Structure

- Minimum 80 hours of total instruction
- At least 40% of course time dedicated to supervised practical training
- Maximum student-to-instructor ratio of 8:1 for practical sessions
- Separate modules for each cupping type (wet, dry, and fire)

6. Assessment and Certification

- Written examination covering theoretical knowledge of all cupping types
- Practical assessment of techniques for each cupping method
- Minimum pass mark of 75% for both written and practical assessments
- Certificates issued only to students who successfully complete all course requirements, specifying the types of cupping covered.

7. Facilities and Equipment

Training providers must have:

- Clean, well-lit training spaces
- Appropriate equipment for all types of Hijama practice (wet, dry, and fire cupping)
- Adequate hygiene and sterilization facilities
- First aid equipment and trained personnel on-site

- Proper ventilation for fire cupping training

8. Ethics and Professional Conduct

Training providers must:

- Adhere to a code of ethics aligned with UK healthcare standards
- Teach students about informed consent and patient confidentiality
- Promote evidence-based practice and ongoing research in all forms of Hijama
- Emphasize the importance of choosing appropriate cupping methods based on individual patient needs

9. Accreditation Process

1. Submit application with required documentation for all cupping types
2. Initial review by the accreditation board
3. Board decision on accreditation status
4. Annual renewal process

10. Compliance with UK Regulations

Accredited providers must comply with all relevant UK regulations, including but not limited to:

- Health and Safety at Work Act 1974
- Data Protection Act 2018
- Equality Act 2010
- Any specific regulations pertaining to complementary and alternative medicine practices.

11. Safety Protocols

- Specific safety protocols for each cupping type, with emphasis on fire cupping safety
- Emergency procedures and risk management strategies
- Proper disposal of medical waste (for wet cupping)

12. Review and Updates

This policy will be reviewed annually and updated as necessary to reflect changes in UK regulations, healthcare standards, and best practices in all types of Hijama training.

For more information or to apply for accreditation, please contact the Accreditation Board at www.iphm.co.uk.

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